



## October 2023 Families in Focus Bulletin - Part 2

### Information and Support for Practitioners

Hello and welcome to the September Information Bulletin from your Locality Families in Focus Team. **This bulletin contains information on North based services.**

If you would like to receive the information bulletin for services in South and East/Central please email [familiesinfocussouth@bristol.gov.uk](mailto:familiesinfocussouth@bristol.gov.uk) for South and [familiesinfocuseastcentral@bristol.gov.uk](mailto:familiesinfocuseastcentral@bristol.gov.uk) for East/Central.

The bulletin has grown so big that we have split it into two parts as follows:

**Part 1 – Information and Support for Families, Parents / Carers and Young People**

**Part 2 – Information and Support for Practitioners**

Please note that the information here is being shared by Families in Focus but if you require any further details you should contact the relevant organisation. All information is provided by the organisation and Families in Focus hold no responsibility for the contents. Bristol City Council does not endorse the organisations/activities and you should make your own checks to satisfy yourself on the quality of the services on offer. If you would like the information in a different language or format please contact the organisation/agency who will hopefully be able to help.

We cannot guarantee to include everything but will prioritise information on services or activities that practitioners will find useful in their organisation or to pass on to families.

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# Information and support for Practitioners

## Parent & Infant Art Therapy

MOTHERS FOR  
MOTHERS

CHLOE SPINDLOVE  
LEAD ART PSYCHOTHERAPIST &  
THERAPY COORDINATOR

# PARENT & INFANT ART THERAPY GROUP

HEALTH CARE PROFESSIONAL - INFORMATION SHEET FOR NORTH BRISTOL

### Important information

- Closed group for up to a maximum of 6 dyads (parent and infant pairing)
- In the context of this group, parent refers to the birthing parent or non-birthing mother
- Infant to be aged between 3 months-24 months
- Total of 8 sessions offered - weekly attendance required
- Each session lasts for 1.5hrs
- Takes place across North Bristol Children's Centre's - please check with us to find out which location we are currently based in
- The group is delivered by two qualified and HCPC registered Art Psychotherapists
- All safeguarding and risk assessment is carried out in line with Mothers for Mothers policy & procedure
  - With appropriate information sharing between ourselves and Children's Centre



### For more information or to make a referral

- Use our checklist to see if our group is suitable
- If you're unsure, please contact us
- To refer, please ensure you have consent from the client by letting them know:
  - The aims of the group
  - To expect that you will have shared some information about them with us
  - To expect a call to talk about the group and agree suitability/goals/needs
  - That we will need to register them with Mothers for Mothers and the Children's Centre

Contact Chloe Spindlove at:  
therapy@mothersformothers.co.uk OR  
01179359366



Helpline: 0117 9359366

MOTHERS FOR  
MOTHERS

CHLOE SPINDLOVE  
LEAD ART PSYCHOTHERAPIST &  
THERAPY COORDINATOR

# PARENT & INFANT ART THERAPY GROUP

## HEALTH CARE PROFESSIONAL - PRE-REFERRAL CHECKLIST

### Inclusion criteria

- Infant aged from 3 months up to 24 months (twins are welcome) in duration of therapy
- Access to childcare for additional children
- Access to a good enough support network
- Able to reach out for support when needed
- Use of coping strategies
- Mental health is mild-moderate (diagnosis not required)
- Secure housing
- Capacity to meet theirs and infants basic needs
- Looking for support around:
  - Bonding/attachment
  - Responsive/warm interactions
  - Understanding inner world of the infant
  - Understanding own attachment and inner world & how this can impact on the above

If your client meets these criteria, please consider contacting us at Mothers for Mothers with any queries, and to make a referral.



### Exclusion criteria

- Active risky behaviour inc. suicidality, self-harm, substance misuse, gambling etc
- Child protection plan in place
- Ongoing domestic abuse
- Homelessness
- No English language
- Some diagnosis inc.
  - Complex PTSD
  - Psychosis & Schizoaffective disorder
  - Recent birth trauma experience (within 6 months)

If you have a client that meets one or more of these criteria, it may be worth considering other support that meets these needs initially.

As this is a brief group, we would not wish to place clients with these needs into a space in which there is little time to explore and honour the impact of these experiences on them and their parenting in a psychologically safe way.

Helpline: 0117 9359366



## Nacoa



Providing information, advice and support  
for everyone affected by a parent's drinking

FREE Helpline 0800 358 3456  
helpline@nacoa.org.uk

Patrons: Tony Adams MBE • Calum Best • Lauren Booth • Rt Hon Liam Byrne MP • David Coldwell • Geraldine James OBE • Sophie K  
Cherrie Lunghi • Eile Macpherson • Vicky Pattison • Suzanne Stafford CQSW • Camilla Tominey • David Yelland

Nacoa (National Association for Children of Alcoholics) addresses the needs of children growing up in families where one or both parents suffer from alcoholism, this includes children of all ages, many whose problems only become apparent in adulthood.

Nacoa's aims are: -

1. To offer information, advice and support to children of alcohol-dependent parents
2. To reach professionals who work with these children.
3. To raise their profile in the public consciousness
4. To promote research into the problems they face and the prevention of alcoholism developing in this vulnerable group.

Nacoa's free, confidential telephone (0800 358 3456) and email helpline (helpline@nacoa.org.uk) is at the heart of all we do, providing information, advice and support for everyone affected by a parent's drinking.

Our work is about planning for a more positive future, an opportunity for children, young people and adults to see that the world can be different from the one they know and that they can make positive choices for themselves.

Nacoa's services include: -

- Free, confidential helpline
- Online message boards
- Website with personal experiences ([www.nacoa.org.uk](http://www.nacoa.org.uk)), FAQs, resources and research
- COAisathing.com community blog site
- Information packs
- Publications for a range of ages, situations and professions
- Volunteering opportunities and training
- Lectures, outreach and COA Week co-ordination
- Research into the experience of children affected by parental drinking.
- Media and social media advocacy
- Parliamentary representation for children affected.

The National Association for Children of Alcoholics (Nacoa)  
PO Box 64, Bristol, BS16 2UH

Registered Charity No: 1009143

Tel: 0117 824 8005  
Email: [admin@nacoa.org.uk](mailto:admin@nacoa.org.uk)  
Web: [nacoa.org.uk](http://nacoa.org.uk)  
Socials: @nacoauk



## Family Link Worker Network Meetings

### **FAMILY LINK WORKER NETWORK MEETINGS**

~ Are you a Family Link/Support Worker in a Bristol Primary School?

~ Would you like to meet with a supportive network of colleagues?

Network meetings are held on a termly basis at different primary schools across the city with the purpose of sharing best practice, services and resources and providing informal peer support.



If you are interested in attending or would like to find out more, please  
contact

[c.woodman-smith@bristol-schools.uk](mailto:c.woodman-smith@bristol-schools.uk)

## Fire Safety

### **Fire Safety: Practitioner Training Sessions**

Avon Fire & Rescue Service (AF&RS) aim to prevent further fatalities by working with local agencies and practitioners who engage with vulnerable members of the community.

This free training which will take around 1 hour 15 minutes, aims to help practitioners understand the risk and dangers of fire for those most vulnerable. It will cover topics including; cooking practices, hoarding, candles and smoking safety, electrical safety and how to make a referral into AF&RS.

Training is held virtually via Teams, and tickets are booked via Eventbrite, please visit our website to book your place: [Fire Safety: Practitioner Training Sessions - Avon Fire & Rescue Service](#)

## National Advocacy Helpline

### National Advocacy Helpline

From 1st October 2023 the National Advocacy Helpline Service will be provided by the National Youth Advocacy Service (NYAS).

**New details for accessing the service are available below. Please ensure to use these after 1<sup>st</sup> October 2023:**

- Website and online chat: <https://www.nyas.net/safetynet/>
- Freephone: 0808 808 1001
- Email: [help@nyas.net](mailto:help@nyas.net).
- Whatsapp: 07494788875.
- Text: text NYAS to 85258.

The Coram Voice 'Always Heard' Service will continue to operate and receive calls until 30<sup>th</sup> September. Please can you disseminate this new information to relevant services and teams in your local authority to support a smooth transition and ensure the service continues to be accessible and available from October.

The NYAS 'Safety Net' helpline service will continue the national provision of:

- Helpline advice and support.
- Signposting to local services.
- Issue-based advocacy.
- Specialist non-instructed advocacy.
- Advocacy finder service.
- Self-advocacy information.

The service accepts referrals from children and young people, professionals working with young people, friends, families, and carers.

The service will be available to:

- Children in care and care leavers up to age 25.
- Children and young people needing support from children's services, including those on child in need plans, child protection plans, or who are 16-17 years old and homeless.

NYAS will also continue to support refugee and migrant children and young people, as well as young people in mental health settings.

## Support for Inter-Parental Conflict



**TAVISTOCK  
RELATIONSHIPS**  
Improving Lives for Generations



**Sheffield  
Hallam  
University**



**YOUTH  
ENDOWMENT  
FUND**

## Introducing the Support for Inter-Parental Conflict (SiPCo) project

The Youth Endowment Fund is funding a Randomised Controlled Trial of a therapeutic intervention to help parents and carers to reduce their conflict.

Do you work with parents/carers of a child or children aged between 8 and 14 who may be locked in conflict due to the pressures they are facing? The SiPCo project could help.

We are looking for Dorset, BCP (Bournemouth, Christchurch and Poole) and Bristol City Council staff, such as local authority early help practitioners, school staff and social workers to refer families to the project who:

- Have a child aged 8-14
- Have intense, frequent, and unresolved inter-parental conflict
- Are willing to try something new to help reduce their conflict

The SiPCo project aims to raise parents' awareness of the impact of their conflict on their children, and teaches parents strategies to reduce their conflict.

Referred parents/carers will be randomly allocated to receive either Mentalization-Based Therapy for Parents under Pressure (MBT-PP) or access to digital resources for reducing parental conflict, with support in how to use them.

MBT-PP involves online therapy sessions with a therapist, in which parents are supported to communicate better. MBT-PP is delivered by Tavistock Relationships.

The digital resources are online programmes that parents work through at their own pace, with the support of a staff member. The support is provided by local authority staff administering this project.

Although the intervention referred families receive will be decided randomly, it is important to note that we expect both interventions (MBT-PP and the digital resources) to be helpful to parents who need to reduce their conflict.

**If you are a local authority early help practitioner, school staff member or social worker, and are interested in being part of this project, please get in touch using the details below.**





**For more information contact**


 **Gina Pazienza 01721 635 376**

 **relationshipsmatter@bristol.gov.uk**

Report issue: [report-issue@bristol.gov.uk](mailto:report-issue@bristol.gov.uk) or [report-issue@bristol.gov.uk](mailto:report-issue@bristol.gov.uk)

**Referrals open in March 2023. Get in touch now.**

## 1-2-1 Provision for Educational Settings (Creative Youth Network)



**1-2-1 PROVISION  
FOR EDUCATIONAL  
SETTINGS**

A solution rooted in trauma-informed youth work to help young people at risk of disengaging from education to stay in school.

CREATIVE  
YOUTH  
NETWORK.

## HELPING YOUNG PEOPLE TO THRIVE

Creative Youth Network is a lead provider of youth work and creative engagement for young people. We tailor our programmes to each individual and group, adapting youth worker expertise, course content and delivery to best suit their needs. We work closely with the schools, teachers and families to ensure the programme and support is conducive to the young person's needs and outcomes, making additional referrals to external agencies and additional Creative Youth Network provision.

Creative Youth Network supports young people in Bristol and South Gloucestershire to re-enter the classroom environment and sustain their engagement in education. Our programmes **target those young people at risk of disengaging from education through high-quality youth work rooted in trauma-informed practice.**

Creative Youth Network is England's first and only organisation to receive 'outstanding' status – the National Youth Agency's highest award for youth work. We are uniquely placed to **bring together quality youth work with creativity**, which our trained staff use as a unique tool to grow self-expression, boost confidence, improve wellbeing, and inspire personal transformation.



Together with our youth workers, **young people identify and achieve personal goals, and can be supported to re-engage or stay engaged in education or work settings.** Our youth workers use a trauma-informed approach, utilising their comprehensive training in specialist areas of safeguarding and support including Well-Being, CCE & CSE, and Contextual Safeguarding.

We use a bespoke monitoring and evaluation framework co-produced in partnership with Child Outcomes Research Consortium (CORC) and the Anna Freud National Centre.

All young people work toward the following positive outcomes:

- avoiding anti-social behaviour
- improved communication skills
- improved engagement in learning
- increased healthy lifestyle
- developed new skills and knowledge
- developed positive social relationships
- increased self confidence
- understand their rights and choices.

## WHO IS OUR 1-2-1 WORK FOR?

We believe all young people should be given the opportunity and tools they need to succeed. Our early intervention model caters for young people from Year 6 upwards (upper key stage 2 to 4 and post 16 education) for those, including transitions between education settings, for those who are experiencing complex needs and barriers to education and can cater for year groups or cohorts of concern. This has included, but is not limited to, those who:

- are experiencing emotional-based school avoidance/ persistently absent from school
- live in care or in isolation
- are at risk of harm, being excluded and/or bullying
- are experiencing family breakdown
- are struggling with ill-mental health and well-being
- new arrivals to the school
- have experienced trauma



## OUR 1-2-1 PROVISION



Starting anytime, a young person aged 11 - 25 will receive a minimum of 12 dedicated 1-2-1 sessions with a Creative Youth Worker, engaging and supporting the young person with their individual needs.



The first block of sessions are held at home or away from school, at a safe location where the young person feels comfortable.



A second block of sessions takes place on the school grounds, helping to re-engage the young person in the education setting.



To close the programme, our Creative Youth Worker will host a meeting with the young person and teacher(s) from the school to share achievements, discuss any remaining barriers and needs, and ultimately reintroduce the young person into timetabled provision.

## THE YOUTH WORKER RELATIONSHIP

A trusted youth worker can be the foundation to helping a young person find a new path. Our trained workers identify and understand the personal barriers and challenges a young person is experiencing. They can then respond to these issues to address disengagement and ensure each young person gets the support they need, whilst working together to identify personalised outcomes, achieve accreditation and reintegrate into full-time education.

**92% of young people feel they have a trusted adult at Creative Youth Network.**

In order to celebrate the role of the youth worker, we commissioned a short film about genuine relationships between young people we engage and their assigned worker. The film was produced by Oona Chanfi, a freelance film maker who developed her practice through our Creative Futures programme in 2021.



Scan here to watch the film:



I've never experienced having a 1-2-1 person and speaking about my feelings...working with you and helping me with my cognitive behaviours and my mindset. I know I'm feeling [negative thoughts] and it's valid but I need to think, like, of better things and of more positive things that are going on around me and not indulge in that negative thought.



## OUR IMPACT

In 2022:

**6809**

Young people engaged in Creative Youth Network's programmes

**23,959**

recorded outcomes were achieved

**1912**

were referred onto our 1-2-1 Youth Work programme

And since 2019, a further

**503**

young people were referred to our full ALP programme, which took place in

**14**

schools.

Of the 503,

**98%**

re-engaged positively with education



“

“I was struggling before this programme. There were people who were bullying me and one day I was not feeling good at all, so I burst. Ever since I've been on the programme, things have changed.

Rosie (14), Bristol Futures Academy

”



## COSTS AND LOCATIONS



### COSTS

Our 1-2-1 support starts at £637.20+VAT for 12 weekly sessions.

### LOCATIONS

Sessions can take place where the young person feels comfortable. The first block of sessions are held at home or away from school, at a safe location such as one of our youth centers. The second block of sessions takes place on the school grounds, helping to re-engage the young person in the education setting.



“Creative Youth Network are a fantastic organisation to work with! Our students were “blown away” by the experience. One student in particular was able to redefine herself, which was totally beautiful and amazing to watch. The course allowed our students to build a sense of identity and pride and understanding of themselves.”

Aisha Thomas, Assistant Principal for Inclusion at City Academy Bristol

## GET IN TOUCH



To speak to someone at Creative Youth Network about the Alternative Learning Programme please contact:



To make a referral please contact:  
[referrals@creativeyouthnetwork.org.uk](mailto:referrals@creativeyouthnetwork.org.uk)  
07872 833 574

[www.creativeyouthnetwork.org.uk](http://www.creativeyouthnetwork.org.uk)  
INSTAGRAM: @CreativeYouthNetwork  
TWITTER: @Creative\_Youth  
FACEBOOK: /CreativeYouthNet  
LINKEDIN: /Creative-Youth-Network



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CREATIVE  
YOUTH  
NETWORK.




"I liked waking up on Wednesday mornings and thinking to myself today will be a good day because of having the programme. Overall the programme has made me a more positive and happy person."

Lottie, Year 9



CREATIVE  
YOUTH  
NETWORK.

Alternate Learning Provision (Creative Youth Network)



## **ALTERNATIVE LEARNING PROVISION**

A solution rooted in trauma-informed youth work and creativity to help young people at risk of disengaging from education to stay in school.

Programmes offered:

- 1-2-1
- Small Group (In education setting and at Creative Youth Network)
- Transition for Key Stage 2 to 3

**CREATIVE  
YOUTH  
NETWORK.**

## HELPING YOUNG PEOPLE TO THRIVE

Creative Youth Network's Alternative Learning Provision (ALP) supports young people in Bristol and South Gloucestershire to re-enter the learning environment and sustain their engagement in education. Our programmes **target those young people at risk of disengaging in education through high-quality youth work rooted in trauma-informed practice.**

Creative Youth Network is an **approved ALP provider** and England's first and only organisation to receive 'outstanding' status - the National Youth Agency's highest award for youth work. We are uniquely placed to **bring together quality youth work with creativity**, which our trained staff use as a unique tool to grow self-expression, boost confidence, improve wellbeing, and inspire personal transformation.

We combine **1-2-1 and small group work in positive peer-led environments** to help young people to thrive. Crucial to the success of our programmes is our role of the Creative Youth Worker, our comprehensively trained frontline staff who bring their creative experience to deliver engaging sessions.



“Creative Youth Network are a fantastic organisation to work with! Our students were “blown away” by the experience. One student in particular was able to redefine herself, which was totally beautiful and amazing to watch. The course allowed our students to build a sense of identity and pride and understanding of themselves.”

Aisha Thomas,  
Assistant Principal for Inclusion at City  
Academy Bristol

Throughout our ALP programmes, **young people identify and achieve personal goals, receive an approved accreditation and re-engage or stay engaged in education settings.** Outcomes are:

- Better integration by pupils
- Improved wellbeing
- Completion of Level 1 or 2 Arts Award
- Reduced risk of becoming NEET
- Raised confidence and self-esteem
- Developed communication skills and methods to communicate
- Increase attendance
- Reduce negative attitudes towards school
- Continued Support in Youth Services
- Community Integration

## BLENDING CREATIVE ACTIVITIES AND YOUTH WORK

### A TRUSTED RELATIONSHIP

1-2-1 sessions are embedded in all strands of our ALP. The first step for all programmes is for a young person to be matched with a Creative Youth Worker for individual sessions.

This **pastoral support is the backbone of ALP**, giving capacity for our trained workers to identify and understand the personal barriers and challenges a young person is experiencing. Our youth workers can then respond to these issues to address disengagement and ensure each young person gets the support they need, whilst working together to identify personalised outcomes, achieve accreditation and reintegrate into full-time education.

**85% of young people feel they have a trusted adult at Creative Youth Network.**



### OUR CREATIVE ACTIVITIES

Whether on a 1-2-1 basis or in small groups, creative activities are transformative and provide the students with an engaging outlet, the chance to share their experiences, and discuss topics that are affecting them. Our Creative Youth Workers and Creative Practitioners can provide sessions covering spoken word, music, circus skills, visual arts, graffiti and more dependent on student interest. Students will create work they can be proud of, experiencing a sense of achievement and as well as completing an Arts Award Qualification.

“

I would never have thought in a million years that I would stand up and sing in front of anyone. Now I feel more confident and I would love to do more performances...

I liked waking up on Wednesday mornings and thinking to myself today will be a good day because of having the programme. Overall the programme has made me a more positive and happy person.

Lottie, Year 9, Music Production Course

”

## WHO IS ALP FOR?

We believe all young people should be given the opportunity and tools they need to succeed. Our early intervention model caters for young people from Year 6 upwards (key stage 2 to 5 including transitions to post-16 destination) who are experiencing complex needs and barriers to education and can cater for year groups or cohorts of concern. This includes but is not limited to those who:

- are experiencing emotional-based school avoidance/ persistently absent from school / college
- live in care or in isolation
- are at risk of harm, being excluded and/or bullying
- are experiencing family breakdown
- are struggling with ill-mental health and well-being
- new arrivals to the school / college
- have experienced trauma

## OUR PROGRAMMES AT A GLANCE

	1-2-1 PROVISION	SMALL GROUP		TRANSITIONS PROGRAMME
		IN SCHOOL	INDIVIDUAL REFERRAL	
<b>Eligible Year Groups</b>	Key stages 3 - 5	Key stages 3 - 5	Key stages 3 - 5	Year 6
<b>Location</b>	Off site and in school / college	In school / college	Creative Youth Network	In school and Creative Youth Network
<b>Start date</b>	By arrangement	Beginning of any term	Anytime	Final term of Year 6
<b>Referral limit per programme</b>	Individual referrals only	10		10
<b>Programme duration</b>	1 hour for 12 weeks minimum	1-2 hours for 16 weeks		1-2 hours for 22 weeks
<b>Programme structure</b>	1-2-1	1-2-1 and small group work		1-2-1 and small group work
<b>Additional provision:</b>		Family liaison during holidays		Summer holiday activities

## OUR PROGRAMMES

There are three distinct programmes that we can offer young people: 1-2-1 provision, Small Group (offered both in-School / college and by referral at Creative Youth Network sites), and a Transitions programme for Key Stage 2 to 3.

### 1-2-1 PROVISION



Starting anytime, a young person aged 10 - 25 will receive a minimum of 12 dedicated 1-2-1 sessions with a Creative Youth Worker, engaging and supporting the young person with their individual needs.



The first block of sessions are held at home or away from school / college, at a safe location where the young person feels comfortable.



A second block of sessions takes place on the school / college grounds, helping to re-engage the young person in the education setting.



To close the programme, our Creative Youth Worker will host a meeting with the young person and teacher(s) from the school / college to share achievements, discuss any remaining barriers and needs, and ultimately reintroduce the young person into timetabled provision.

### SMALL GROUP PROVISION

Our Small Group Provision is flexible to fit each school or college's needs. This programme can be offered:

- Within the school / college setting for groups of up to 10 pupils. These programmes can be purchased by term or academic year.
- As a spot-purchase, revolving-door option for schools without the demand or space for an on-site programme, held at Creative Youth Network sites in Kingswood and Bristol City Centre throughout the year. This can be offered for one school / college or open for individual referrals who will join students from different academic settings in a neutral space.

## SMALL GROUP PROVISION CONTINUED

A small group offer for up to 10 students aged 11 – 25, who receive 1-2-1 support and pastoral care alongside group creative workshops.



Dedicated weekly, 1-2-1 sessions begin for each young person with a Creative Youth Worker. These continue throughout the entire programme, complementing and offering pastoral support alongside other activities.



After 3 weeks of 1-2-1 sessions, the small-group programme begins with creative workshops for 10 weeks. These group sessions provide the students with an engaging outlet, chance to share their experiences, and discuss topics that are affecting them. Students will create work they can be proud of and will complete an Arts Award Qualification.



Between school terms, the Creative Youth Worker will continue their weekly 1-2-1 sessions across the holidays. These take place at home, giving an opportunity to engage with the student's family, involving them in the support being provided. At this point any necessary referrals into additional support for the student and their families will be given, whilst also signposting the young person to youth clubs and Creative Youth Network's provision in their local community.



Achievements are shared with the young person's family (during the at home visits) and with the school. At the end of the academic year there will be a **showcase of achievements and Arts Award certificate ceremony** at The Station.

Help in **retaining engagement** in education and transitioning back into full time timetable and learning through final 1-2-1 sessions with the Creative Youth Worker.

## TRANSITIONS PROJECT

A 16-week programme supporting students in Year 6 through the transition to secondary school: from Key Stage 2 to Key Stage 3. The programme includes 10 weeks of group creative activities split before and after the summer holidays to help with the transition and acclimatisation. A choice of creative activities help students feel confident whilst making new friends who will be in their year group.



Dedicated weekly, 1-2-1 sessions with a Creative Youth Worker begin. These continue throughout the entire programme, complementing and offering pastoral support alongside other activities.



The first block of the small-group creative programme begins with creative workshops for 5 weeks in the lead up to students leaving their primary school. These group sessions provide the students with an engaging outlet, a chance to share their experiences and discuss topics that are affecting them. Students will begin to create work they can be proud of, working toward their Arts Award Qualification.



In the Summer Holidays between the school years, the Creative Youth Worker will continue their weekly 1-2-1 sessions. These take place at a youth-friendly space within the community, giving an opportunity to engage with the student's family, and involving them in the support being provided. At this point, any necessary referrals into additional support for the student and their families will be given, whilst also signposting the young person to youth clubs and Creative Youth Network's provision in their local community.



The second block of the small-group creative programme begins as the student's start Year 7 with creative workshops for 5 weeks.



Achievements are shared with the young person's family (during the at-home visits) and with the school. At the end of the academic year, there will be a **showcase of achievements and an Arts Award certificate ceremony** at The Station.

Help in **retaining engagement** in school and transitioning back into full time timetable and school through final 1-2-1 sessions with the Creative Youth Worker.

## PROGRAMMES THAT WORK FOR ALL YOUNG PEOPLE

Creative Youth Network is a lead provider of youth work and creative engagement for young people in Bristol and South Gloucestershire. We tailor our programmes to each individual and group, adapting youth worker expertise, course content and delivery to best suit their needs. We work closely with the schools, colleges, teachers and families to ensure the programme and support is conducive to the young person's needs and outcomes, making additional referrals to external agencies and additional Creative Youth Network provision.

## OUR YOUTH WORKER TRAINING

Our youth workers use a trauma-informed approach, utilising their comprehensive training in specialist areas of safeguarding and support including Well-Being, CCE & CSE, Contextual Safeguarding.

## ARTS AWARD QUALIFICATION

Delivered at either 'Discover' or 'Bronze' levels for schools and the option for 'Silver' at college, the Arts Award is an accredited qualification through Trinity College, London, that provides UCAS points to those who complete it. It is a non-academic award which our staff are trained to deliver and assess, ensuring that the award can be achieved during the young person's engagement on the programme. Completion of the award provides a sense of achievement and new and increased skills. This includes creativity and communication, problem-solving, reflective-thinking and confidence, along with a portfolio of work and a certificate to recognise their achievements.

## MEASURING OUR IMPACT

We use a bespoke monitoring and evaluation framework co-produced in partnership with Child Outcomes Research Consortium (CORC) and the Anna Freud National Centre.

All young people work toward the following positive outcomes:

- avoiding anti-social behaviour
- improved communication skills
- improved engagement in learning
- increased healthy lifestyle
- developed new skills and knowledge
- developed positive social relationships
- increased self confidence
- understand their rights and choices.



8

## OUR TRACK RECORD

Since 2019

**2703**

Young people have taken part

Of which

**2200**

were referred into 1-2-1 work

**75%**

achieved positive outcomes

**79%**

reported being well supported

**14**

schools have had our ALP small group programme

**73%**

remained engaged



Rosie (14) was on a 12 week programme with Bristol Future Academy when we met her. She was at risk of being excluded from mainstream education due to behavioural issues. We got to know Rosie through our programme and she quickly became one of our advocates in the school.

“

“I was struggling before this programme. There were people who were bullying me and one day I was not feeling good at all, so I burst. Ever since I've been on the programme, things have changed.

When I'm doing art, I'm getting my anger out. People are asking me what I think and I really enjoy that. We've been doing poetry and I wrote a poem about language I don't like, that makes me angry. I read it in front of the class and everyone liked it. I felt chuffed with myself!

Sharing that with people in the showcase means more people know me now, and they care about what I have to say. Now I feel like I'm not coming to school just to do work. I'm coming to do something I like and I want to be doing.

”

## COSTS AND NEXT STEPS



Guide costs for our ALP programmes are below but may vary dependant on location and specifics required.

- 1-2-1 Provision: starting at £637.20+VAT for 12 weekly sessions.
- Small Group provision  
In-School: £3478+VAT per term (16 weeks) for up to 10 students (£347.80 per pupil)  
At our sites: price tbd
- Transition for Key Stage 2 to 3 (16 weeks) for 10 students = £5,599+VAT (£559.90 per pupil)

### OUR ALP SITES

➔  
20 Old School House  
The Kingswood Estate  
Britannia Road  
Bristol  
BS15 8DB

➔  
The Station  
Silver Street  
Bristol  
BS1 2AG

To speak to someone at Creative Youth Network about the Alternative Learning Programme please contact:



Harriet Hayes, Alternative Learning Co-ordinator  
[referrals@creativyouthnetwork.org.uk](mailto:referrals@creativyouthnetwork.org.uk)  
0117 947 7948

[www.creativyouthnetwork.org.uk](http://www.creativyouthnetwork.org.uk)  
Registered Charity No. 266318 Company No. 01099684  
Company Limited by Guarantee  
Registered in England and Wales

CREATIVE  
YOUTH  
NETWORK.

## INDIVIDUAL REFERRAL

A spot-purchase, revolving-door, 16-week programme for 11 to 16 year olds held at Creative Youth Network sites. Schools can refer individual students throughout the academic year – an ideal option for those without need for group delivery.



Dedicated weekly, 1-2-1 sessions with a Creative Youth Worker begin. These continue throughout the entire programme, complementing and offering pastoral support alongside other activities.



After 3 weeks of 1-2-1 sessions, the small-group creative programme begins with creative workshops for 10 weeks. These group sessions provide the students with an engaging outlet, chance to share their experiences, and discuss topics that are affecting them. Students will create work they can be proud of and will complete an Arts Award Qualification.



Between school terms, the Creative Youth Worker will continue their weekly 1-2-1 sessions across the holidays. These take place at home, giving an opportunity to engage with the student's family, involving them in the support being provided. At this point any necessary referrals into additional support for the student and their families will be given, whilst also signposting the young person to youth clubs and Creative Youth Network's provision in their local community.



Achievements are shared with the young person's family (during the at home visits) and with the school. At the end of the academic year there will be a **showcase of achievements and Arts Award certificate ceremony** at The Station.

It may be that continued support needed and the Creative Youth Worker will provide 2 **additional 1-2-1 sessions** to help with the transition of the students back into full time education.

CAPO: Children Affected by Parental Offending Training

# CAPO

Children Affected by Parental Offending

# Training

**310,000 children experience having a  
parent in prison  
every year in England and Wales.**

A **FREE** half-day training session on the impact of  
parental offending.  
This practical workshop is aimed at professionals working  
with  
children and families.

**Wednesday 6th December 2023  
9:30am - 12:30pm**

everyFAMILY, Brentry Lane, Brentry, BS10 6RG

**Follow this link to book your space:**  
**<https://BrentryCAPOtraining.eventbrite.co.uk>**



**CAPO**  
Children Affected by  
Parental Offending

## Childrens Scrapstore: An Introduction to play and playwork



The poster is framed by a colorful border with pink and yellow splashes on a light blue background. At the top left is a pink starburst graphic. The word 'FREE' is in blue. The title is in large black font. Dates and times are listed in bold black font. The location is in bold black font. A photo shows two people looking through a cardboard box. A light blue box contains text about the session's purpose and a bulleted list of topics. Another photo shows two children with a cardboard box. Booking information and a description of the scrapstore's offer are in black text. Logos for Children's Scrapstore, BAND, National Lottery, and Playful Bristol are at the bottom.

**FREE**

# An introduction to play and playwork

**6th Dec. 2023 - 2 - 4pm**  
or  
**14th Mar. 2024 - 9.30 - 11.30am**

**Children's Scrapstore,  
St Werburghs, BS2 9LB**



If you facilitate play and are interested in extending your skills and knowledge of play provision, or you'd like to offer quality play experiences but are new to play, this entry level session is for you.

In this 2 hour session we will explore:

- what play is and why it is so important
- the play process and what happens when children play
- the role of the adult in supporting quality play (at any age)



To book, email [training@bandltd.org.uk](mailto:training@bandltd.org.uk) with the name of the attendee and the setting.

Attending this session gives you the opportunity to shop in Children's Scrapstore's Warehouse for up to a **basket of scrap**, for the recommended donation of £6 for a full basket.

**Children's Scrapstore.**

**BAND**  
Making Childcare Count

 **NATIONAL LOTTERY FUNDED**

**PLAYFUL BRISTOL**

## Childrens Scrapstore: Running messy play sessions



**FREE**

# Running messy play sessions

**17th Nov. 2023**  
**9.30 - 11.30am**

**Children's Scrapstore,  
St Werburghs, BS2 9LB**



If you facilitate messy play sessions and are looking for more ideas and inspiration, or you would like to offer messy play sessions but are new to it, this is for you.

In this 2 hour workshop we will share (and try out!):

- what children get out of messy play
- tried and tested ideas for messy play
- practicalities such as age appropriate and 'taste safe' activities



To book, email [training@bandltd.org.uk](mailto:training@bandltd.org.uk) with the name of the attendee and the setting.

Attending this session gives you the opportunity to shop in Children's Scrapstore's Warehouse for up to a **basket of scrap**, for the recommended donation of £6 for a full basket.

## Children's Scrapstore: Creating an enabling play space



**FREE**

# Creating an enabling play space

**11th January 2024**  
**2 - 4pm**

**Children's Scrapstore,**  
**St Werburghs, BS2 9LB**



If you are interested in making your setting's environment (incl. EYs, out of school/holiday club, uniform group, church/community group or a non-play based organisation) more playful, this is for you.

In this 2 hour session we will explore:

- what an enabling play space affords children
- the theory of loose parts and what they bring to a space
- tools to help you audit your current environment/provision and think about what needs developing and how for better play



To book, email [training@bandltd.org.uk](mailto:training@bandltd.org.uk) with the name of the attendee and the setting.

Attending this session gives you the opportunity to shop in Children's Scrapstore's Warehouse for up to a **basket of scrap**, for the recommended donation of £6 for a full basket.




  
NATIONAL LOTTERY FUNDED



## Children's Scrapstore: Play on a shoestring



**FREE**

# Play on a shoestring

**23rd Feb. 2024**  
**9.30 - 11.30am**

**Children's Scrapstore,**  
**St Werburghs, BS2 9LB**



If you facilitate play and creative experiences and are looking for more ideas and inspiration, or you would like to offer play and creative experiences but are new to it, this is for you.

In this 2 hour workshop we will think about (and try out!):

- ways to provide play and creative opportunities for any age
- low or no cost resources that spark imagination and creativity
- practicalities such as sourcing and sustainability



To book, email [training@bandltd.org.uk](mailto:training@bandltd.org.uk) with the name of the attendee and the setting.

Attending this session gives you the opportunity to shop in Children's Scrapstore's Warehouse for up to a **basket of scrap**, for the recommended donation of £6 for a full basket.






## Children's Scrapstore: Children & Young People's Network



**Children &  
Young People's  
Network**

**Next meeting is**  
**10am - 12pm**  
**on Thursday 7th December 2023**  
**at Children's Scrapstore**

**For more information, please email**  
**[info@childrenandyoungpeoplebristol.co.uk](mailto:info@childrenandyoungpeoplebristol.co.uk)**

**To join our mailing list to keep**  
**up to date with exciting developments**  
**happening in the sector, just scan the**  
**QR code or follow the link below:**



**[eepurl.com/gFfcuf](https://eepurl.com/gFfcuf)**