



# PERSONAL DEVELOPMENT

## Spring Term 2024 (3)

### Year 7

It brings me immense joy to share the incredible achievements of our Year 7's this term. Their dedication, sportsmanship and academic achievements continue to make us proud. The boys football team continue to demonstrate their commitment to representing the school with pride and passion on the field. Year 7 students represented school in a swimming gala, where they not only displayed their swimming ability's but exhibited great team work.

**Head of Year 7, Mrs L Chinn**

Please contact: [chinnl@blaisehighschool.co.uk](mailto:chinnl@blaisehighschool.co.uk)

## Blaise High School Student Leadership Team

At the beginning of February we launched our new student leadership structure with Year 7. There are now 6 KS3 Character Representative roles to apply for every unit. Children apply by completing a short application form telling their tutor why they should be considered for the position. Tutors have now selected the very best of these applications to be our very first KS3 Character Representatives, a fantastic achievement!

These students will represent the school every day by upkeeping the highest standards of behaviour, attendance and academic achievement. They will work with our KS4 student leaders and act as a voice for their tutor group whilst also supporting House events.

A huge congratulations to:

Kirstie C  
Habiba B  
Siga B  
Haddy C  
Adondre A  
Will J  
Alexia S



## House competitions this term...

Our Blaise high School Science Project was a HUGE success. So many entrants from all year groups but there could only be one winner!

1st Place: Ella H, 2nd Place: Sarah P and 3rd Place: Alistair I

Winning House: Elbrus!



Our next House competition is our Blaise High School Times Tables Knock Out Challenge!

1st: Kilimanjaro 198 891, 2nd: Elbrus 197 580, 3rd: Everest 197 062

## Key dates

Rewards Week: 22nd - 28th March

**Assemblies for Year 7  
– every Monday**

2nd January:  
Re-induction

8th January:  
Routines and Expectations

15th January:  
Striving to be the Best  
Bristol Youth Vote

22nd January:  
Work Hard. Be Kind.  
STEPS

29th January:  
Developing Character Student  
Leadership

5th February:  
Being curious about your future

19th February:  
Re-induction

26th February:  
Assessment preparation

4th March:  
Do the right thing, even when no-one  
is watching

11th March  
Assessment rankings - your next steps

18th March:  
Character Reflection

25th March  
End of unit rewards and celebrations



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### Year 7

#### Year 7 PSHE in Unit 2

Big ideas	Curriculum summary	Lessons
Identity and Differences	<p>Students will think about their short and long term goals and what setbacks they may have in achieving these goals as well as how to deal with those setbacks. They will learn about social risks that may arise in their lives and the benefits of making healthy choices in these areas. They will learn about indicators of anxiety and stress and some ways to combat these feelings. They will learn about the importance of a balanced diet, sleep and physical activity in keeping your body and mind healthy. They will look at the reasons some people may choose to misuse substances and the laws around substance misuse.</p> <p>Q What are your long term goals?</p>	1. My dreams and goals
Developing Me		2. Coping strategies 3. Responsible choices 4. Anxiety and stress 5. Healthy choices 6. Understanding substances

If you would like to discuss the subject matter or wish to withdraw your child from any of the PSHE lessons listed above, please contact Head of Year 7 at [chinnl@blaisehighschool.co.uk](mailto:chinnl@blaisehighschool.co.uk)

## Year 7 Reward Winners

#### Virtues Award Winners:

Adondre A  
Sikander K

#### Sparx Stars:

Collins B  
Belle B  
Muhhamad K

#### Highest Golden Tickets:

Inna S  
Cameron AQ  
Dilwin D

#### 10 Day Attendance

Streak:  
Cooper H  
Reuben OD  
Kyrese C

#### Most Green Points:

Adondre A  
Ashrin R  
Maddison OS

#### Player of the Match:

Zaara R

Our U14 girls came up against St Bedes for their last fixture in the league. This game had a lot of pressure riding on it as if Blaise won, it would mean we were through to the quarter finals. As it was an away fixture, we were lucky enough to be playing on St Bedes' new 4G pitch and the sun was shining. Our girls were a little slow to start but once they found their feet, we were able to play some extremely good football. A penalty was awarded due to the referee not being able to see if the ball went over the backline in their goal and Eley took full advantage of this opportunity, making it 1-0 to Blaise. Not long after, St Bedes managed to take advantage of some gaps in our defence to make it 1-1.



After some brilliant play from the girls up front, Blaise soon took the lead and made the score 2-1. With the end in sight, this new fighting attitude continued with final score being 4-2. This was such a good game for all of the girls that played and even better still, we are now through to the quarter finals!

For a video summary of this Character Newsletter please click [here](#).

You can find out more about Character Education at Blaise High School on our website [here](#).

# ASPIRATION | INTEGRITY | PRIDE