Dear Blaise Families,

I am so excited to write to you about our upcoming Blaise High School Sports Day. This will be held on Thursday 6th July 2023. Students have already been enthusiastically working in their PE lessons to develop their athletics skills. This year students will compete representing their house teams. It is an expectation that all students take part in one event (track, field, or alternative event such as badminton) for the day and this will contribute towards the points total for their house. Students will choose their events during tutor time on Monday 26th June. Attendance on this day is compulsory for all students, as per any other school day.

## PE Kit-

Students are required to arrive at school in their PE kit on this day and remain in their PE kit throughout. If your child does not have their Blaise PE polo shirt, please ensure that they wear a plain green t-shirt or polo shirt (no vest tops). These can be purchased from Amazon (follow this link: Amazon Bottle Green Tshirt). Students must wear BLACK shorts (not cycling shorts), tracksuit bottoms, leggings or skorts on their bottom halves so that they can actively take part. Students must wear trainers throughout the day.

Students may bring their Blaise branded PE jacket as a warm layer; all other hoodies or zip up jackets are not permitted. If your child does not have the Blaise branded jacket and requires a warm layer, they should bring their normal blazer. Please see below for images of acceptable and unacceptable kit. If students are taking part in football, they will need to bring their own shin pads and goalie gloves if they are in goal. A reminder that no jewellery is to be worn at any time and long hair should be tied back to avoid injury.

## Sun Safety-

Please can you ensure that your child brings sun protection including sun cream, black or bottle green sun hat, and water. There will be gazebos in each house group area so that shade is available; however we will not be able to provide students with sun cream so it is essential they bring their own. Please make sure that your child has enough water to drink across the day, as they will be active and outside all day. There will be large water containers on the field for them to refill water bottles and opportunities at break and lunch to refill them as well.

## Medication-

If your child requires hayfever medication this needs to be taken before they leave for school. If your child requires an inhaler, please make sure that this is brought with them to school that day. Any other medication should be taken as it normally would be.


## Other equipment-

Students must bring their school bag, RfL cards, pencil case, mini whiteboards, knowledge organisers and self-quizzing books as normal. Students do not need to bring their house badges, as we will provide them with house coloured wristbands on the day. To avoid any personal items being lost, please make sure all valuables are kept at home. Students will leave their bags in their tutor room, which will be locked. They will return to their tutor rooms before break and lunch, but please ensure that they do not bring any valuables to school with them, as the school will not be liable for any lost items.

## Timings-

The timings of the start and end of the day are unchanged: students should arrive by 8.35 am and will be dismissed at 2.55 pm . Breakfast will be open at 8 am as normal.

## Attendance from families-

Parents and carers are welcome to attend Sports Day to spectate during specific sessions during the day. Spectators will be seated with a view of the track (running) events with a gazebo to provide shade. If you would like to attend, please complete the short google form here, which contains further details. The deadline for signing up is Friday 30th June.

For a video summary of this letter, please click here.
Your sincerely,


Ms Davey (Assistant Headteacher) and the PE department
Blaise High School


PE Kit examples:
Acceptable bottoms examples

Event timetable:

|  | Year 7 | Year 8 | Year 9 |  | Year 10 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 8:55 | Walk to field from TTRP |  |  |  |  |
| 9:10- First Events Start | Shot Put <br> Javelin <br> High Jump $100 \mathrm{~m}$ <br> 200m | Discus <br> Long Jump $\begin{aligned} & 100 \mathrm{~m} \\ & 200 \mathrm{~m} \end{aligned}$ | Tennis <br> Tug of War <br> Football 100m <br> 200m | Badminton Football100m200m |  |
| 10:00- Seconds Events Start | Discus <br> Long Jump | Shot Put Javelin High Jump | Badminton Football | Tennis Tug of War |  |
| 10:50 | Return to house area and litter check |  |  |  |  |
| 10:55 | Line up- Walk back to tutor rooms for break |  |  |  |  |
| 11:00-11:15 | Break |  |  |  |  |
| 11:15 | Line up on astro/ Courtyard- Walk to tutor room to drop off bags and return straight to the field house areas- In lines. |  |  |  |  |
| 11:25- Events start | Tennis Tug of War Football $800 \mathrm{~m}$ | Badminton Football 800m | Shot Put <br> Javelin <br> High Jump <br> 800m | Discus <br> Long Ju <br> 800m |  |
| 12:15 | Badminton Football | Tennis <br> Tug of War | Discus Long Jump | Shot Pu Javelin High Ju |  |
| 1:05 | Return to house areas and line up. Litter check and scores announced. Walk back to tutor rooms for lunch |  |  |  |  |
| 1:10 | Lunch |  |  |  |  |
| 1:40 | Line up on astro/ Courtyard- Walk to tutor room to drop off bags and return straight to the field house areas- In lines. |  |  |  |  |
| 1:50 | Relays | Relays | Relays | Relays | RB Relay |
| 2:35 | All students sat in house areas. Results of the day. |  |  |  |  |
| 2:45 | Line up in tutor groups- Tutors lead students back to tutor rooms to collect bags and then walk students to the gates. |  |  |  |  |

Aspiration - Integrity - Pride

