

ANNEX B – MANDATORY CLOTHING AND EQUIPMENT revised 10 Sep 23

The following items must be carried throughout the Ten Tors Challenge (TTC), Jubilee Challenge (JC) and Jubilee Challenge Plus (JC+).

2. The items and quantities listed are the minimum required – more may be necessary to ensure individuals are suitably equipped to complete their Challenge even in adverse conditions. Notwithstanding compliance with this list, the organisers may Crash Out participants from a Challenge before or after the start if they consider them to be unsuitably clothed or equipped to complete it in the forecast conditions.

3. Walkers must know how to use the items. Further guidance is on the Ten Tors Website at Information – Guidance – Clothing and Equipment.

4. An asterisk (*) indicates that the item will be issued during Registration in Okehampton Camp.

Items required per individual					
Category	Item	Quantity			Remarks
		TTC	JC	JC+	
Safety	Wrist band*	1	1	1	Insert to be printed by establishment, wrist band issued at registration
	Whistle	1	1	1	
	Survival bag	1		1	
	Torch	1	1	1	For JC, torch to be carried by accompanying adult
	Personal medication	As required			Location to be known to all in Team (TTC) or by Walking Group Leader (JC & (JC+))
	Sun Cream	1	1	1	
Load Carriage	Rucksack	1	1	1	With separate waterproof lining or waterproof cover
Clothes	Base layer	2	1	2	When not being worn to be packed in waterproof bag(s) within the rucksack
	Intermediate layer	2	1	2	
	Insulation layer	1	1	1	
	Socks, thick, pair	2	2	2	Robust enough to keep the wearing warm in a static environment
	Trousers	2	1	2	Must completely cover lower limbs to provide protection against sun and insects. Ideally wind resistant and quick drying. <u>Shorts/thin leggings/track suits/jogging trousers are not acceptable</u>
	Waterproof clothing	1	1	1	Jacket and trousers, good robust quality and capable to cope with Dartmoor weather
	Gloves, pair	1	1	1	
	Hat	1	1	1	Suitable for forecast conditions
	Boots, pair	1	1	1	
Rations	Rations	4 meals	1 meal	1 meal	Sufficient to provide TTC participants with 1 breakfast, 2 lunches and a hot evening meal. JC+ evening and breakfast meal will be provided at the campsite by the establishment support staff
	Emergency rations	1	1	1	High energy foodstuffs. To be clearly marked and in sealed bag
	Water and sterilisation equipment/tablets	2 ltr	1 ltr	1 ltr	Robust 1 ltr container(s). Additional container(s) may be required to facilitate an effective water sterilisation protocol. Water Sterilisation equipment/tablets carried by all in case of separation

Sleeping system	Sleeping mat, full body length	1	N/A	1	JC+ either carried or transported to campsite by establishment support staff
	Sleeping Bag	1	N/A	1	Must be stowed in a waterproof bag and provide thermal support for the user down to a lower limit temperature of -2C (ISO 23537). JC+ either carried or transported to campsite by establishment support staff.
The items below are required per team					
Safety	Map	2	1	1	Ten Tors 24 map waterproofed or stored in a waterproof case and for TTC marked additional map
	Compass	2	1	1	Base plate minimum 10cm
	Wrist watch	2	1	1	Smart functions not allowed
	First aid pack	2	2	2	To include: Zinc oxide tape, plasters, wound dressing, gauze dressing, gloves triangular bandage, clean sing wipes, tick remover.
	Control Card	1	1	1	To be printed by TM from the website prior to the event onto waterproof paper in A4
	Pink Card	2	2	2	To be printed from the website prior to the event onto waterproof paper or laminated in A5
	Hi Viz Vest	2	1	1	For use in an emergency or when crossing roads; reflective armbands are not sufficient.
	Mobile phone and opaque bag*	1	1	1	For emergency use only. To be carried by Deputy Team Leader (TTC) or by Adult Team Leader (JC & JC+). Mobile phone to be sealed in a waterproof non-see-through bag by TM.
	Tracker*	1	1	1	To be stowed clear of metal objects inside the top of the Team Leader's rucksack (TTC), or by the Walking Group Leader (JC & JC+)
	Team tent ID panel for 35m/JC+	2	N/A	1	With cable ties. To be positioned on tents to be visible to ground observers. To be printed by TM from the website prior to the event onto waterproof paper or laminated in A5.
	Notebook & Pencil	1	N/A	1	
	Tent and spare parts	2	N/A	1	Sufficient tentage for all team eg sleeping for 6 (TTC). For JC+ will be transported to the campsite by establishment support staff.
Cooking Equipment	2	N/A	N/A	Stove, fuel, utensils, ignition etc (TTC). For JC+ will be transported to the campsite by establishment support staff.	
Camping	Trowel & toilet tissue	1	1	1	For digging 15cm toilet scrape.
	Rubbish Bag*	1	1	1	