

Bronze Award Kit List

Surname..... First Name.....

| Item | Note | Qty | Got it ✓ | Packed it ✓ |
|-----------------------------------|---|---------------------------------------|-------------|----------------|
| Walking trousers | Jeans not permitted | 2 pairs(1 to wear/1 to pack) | | |
| Walking socks | Good quality highly recommended to prevent blisters. | 2 pairs(1 to wear/1 to pack) | | |
| Walking boots | Must have ankle support. Ensure correct fitting prior to training to prevent blisters. | 1 pair | | |
| T Shirt | Preferably a wicking/breathable tshirt | 2(1 to wear/1 to pack) | | |
| Mid layer | Not cotton | 1 | | |
| Warm fleece | | 1 | | |
| Underwear | | 2 days | | |
| Warm hat | | 1 | | |
| Sun hat | | 1 | | |
| Gloves | | 1 pair | | |
| Waterproof over trousers | | 1 pair | | |
| Waterproof coat | | 1 pair | | |
| Rucksack | Large enough for all equipment (65L minimum) | 1 | | |
| Rucksack liner | A large black bag can be used | 1 | | |
| Sleeping bag | | 1 | | |
| Roll mat | | 1 | | |
| Water bottle | 2L min | 1 | | |
| Torch | | 1 | | |
| Personal first aid kit | Small | 1 | | |
| KFS or Spork | (Knife, Fork and Spoon) | 1 | | |
| Mug | Possibly a flask | 1 | | |
| Food | Suitable amount for the number of days. A hot meal is needed for the evenings as per DofE expedition rules/ | Enough to cover the expedition length | | |
| Wash kit & personal hygiene items | | 1 | | |
| Notebook and pen/pencil | | 1 | | |
| Watch | | 1 | | |
| Blister plasters | e.g. Compeed | 1 pack | | |
| Nightwear | e.g. shorts & T shirt | 1 | | |
| Sunblock | | 1 | | |
| Insect repellent | | 1 | | |
| Pan scourer | | 1 | | |
| Small tea towel | | 1 | | |
| Plastic bags | For rubbish | 2 | | |

| Optional Items Items provided by school to all | | | | |
|---|----------------|--|--|--|
| Cooker | Including fuel | | | |
| Mess Tins | For cooking in | | | |
| Tent* | 1 between 2/3 | | | |
| Compass* | | | | |
| Map* | | | | |
| Hi Vis vest* | | | | |
| Group first aid kit* | | | | |

Items in red are available to loan from school but there is only a limited number available.