



# PERSONAL DEVELOPMENT

## Spring Term 2024 (1)

### Year 7

The year 7's have had a fantastic start to the school year. They have embraced every aspect of school including enrichment activities and representing the school in sporting events with Integrity, Aspiration and Pride. It has been wonderful to celebrate the students' success, hard work and kindness in our weekly celebration assemblies and rewards at the end of term. I especially love our assemblies, they create a real sense of belonging where we celebrate and acknowledge how remarkable each and every contribution made.

**Head of Year 7, Mrs L Chinn**

Please contact: [chinnl@blaisehighschool.co.uk](mailto:chinnl@blaisehighschool.co.uk)

## Rewards at Blaise High School

I want to start off by saying a huge well done to everyone who received a reward at the end of last unit. Over  $\frac{3}{4}$  of every year group got to enjoy the rewards experiences on offer. We recognise that rewards build strong foundations for a community that works together towards accessing the very best universities in the country or careers of their choosing.

Alongside our green points totals students are rewarded every week in their year group assemblies. The tutor group with the highest green points, the best attendance and the best equipment get celebrated. The children with the the top ten green points in each year group get celebrated and each week a student is chosen to receive our virtues award. This is awarded to someone who has demonstrated our virtues excellently in the previous week.

Aspiration: Courage, Curiosity, Teamwork

Integrity: Reflection, Resilience, Honesty

Pride: Humility, Service, Confidence

### Virtues Award Winners:

Maddy R

Paige F

### Highest Golden Tickets:

Cameron A

Miya E

### Most Green Points:

Denzel M

Jenson D

### Sparx Stars:

Merin S

Tanay S

### 10 Day Attendance Streak:

Christoffer R

Lila C

## House competitions this term...

Our House competition continues this unit with our Blaise Science Project running this half term and our Blaise Maths Challenge next half term. It has been wonderful to see so many student involving themselves in House events already this year and ensuring they are here on time everyday adding to their House totals.

The totals currently stand at:

1st Elbrus (107 459)

2nd Kilimanjaro (106 594)

3rd Everest (106 474)



## Key dates

### Year 7 Open Line Up

7th February 2024

### Assemblies for Year 7 – every Monday

2nd January:  
Re-induction

8th January:  
Routines and Expectations

15th January:  
Striving to be the Best  
Bristol Youth Vote

22nd January:  
Work Hard. Be Kind.

#### STEPS

29th January:  
Developing Character Student  
Leadership

5th February:  
Being curious about your future

19th February:  
Re-induction

26th February:  
Assessment preparation

4th March:  
Do the right thing, even when no-one  
is watching

11th March  
Assessment rankings - your next steps

18th March:  
Character Reflection

25th March  
End of unit rewards and celebrations



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## Spring Term 2024 (1)

### Year 7

#### Year 7 PSHE in Unit 2

Big ideas	Curriculum summary	Lessons
Identity and Differences	<p>Students will think about their short and long term goals and what setbacks they may have in achieving these goals as well as how to deal with those setbacks. They will learn about social risks that may arise in their lives and the benefits of making healthy choices in these areas. They will learn about indicators of anxiety and stress and some ways to combat these feelings. They will learn about the importance of a balanced diet, sleep and physical activity in keeping your body and mind healthy. They will look at the reasons some people may choose to misuse substances and the laws around substance misuse.</p> <p>Q What are your long term goals?</p>	<ol style="list-style-type: none"> <li>1. My dreams and goals</li> <li>2. Coping strategies</li> <li>3. Responsible choices</li> <li>4. Anxiety and stress</li> <li>5. Healthy choices</li> <li>6. Understanding substances</li> </ol>
Developing Me		

If you would like to discuss the subject matter or wish to withdraw your child from any of the PSHE lessons listed above, please contact Head of Year 7 at [chinnl@blaisehighschool.co.uk](mailto:chinnl@blaisehighschool.co.uk)

#### Enrichment Clubs for the spring term

Monday	Tuesday	Wednesday	Thursday	Friday
<b>HOMEWORK CLUB - EVERYDAY in Base Camp 3-4pm for Years 7/8/9/10</b>				
<b>Boys Football</b> Year 7 and 8 Lunchtime on the astro	<b>Boys Football</b> Year 9, 10 and 11 Lunchtime on the astro	<b>Boys Football</b> Year 7 and 8 Lunchtime on the astro	<b>Boys Football</b> Year 9, 10 and 11 Lunchtime on the astro	<b>Boys Football</b> Year 7 -11 Lunchtime on the astro
<b>Girls Football</b> Year 7-11 Lunchtime on the astro	<b>Girls Football</b> Year 7-11 Lunchtime in sports hall	<b>Girls Football</b> Year 7-11 Lunchtime on the astro	<b>Girls Football</b> Year 7-11 Lunchtime in sports hall	<b>Girls Football</b> Year 7-11 Lunchtime on the astro
<b>Basketball and table tennis</b> Year 7 and 8 Lunchtime in sports hall	<b>Basketball and table tennis</b> Year 9 and 10 Lunchtime in sports hall	<b>Basketball and table tennis</b> Year 7 and 8 Lunchtime in sports hall	<b>Basketball and table tennis</b> Year 9 and 10 Lunchtime in sports hall	
<b>LGBTQ+ Club</b> Year 7 – 11 Lunchtime in B22 with Mr Wallis and Miss Schnieden	<b>Girls Football</b> Year 7 and 10 3.05-4pm in PE with Miss Major Bring: PE Kit, water	<b>Axolotl Care Club</b> Years 7-11 Lunchtime <b>Week 2</b> in G2 with Mr Maloney	<b>Book Club</b> Years 7-11 Lunchtime <b>Week 1</b> in Base Camp with Miss Evans	
<b>Sparx Catch Up Club</b> Year 7-10 3.05-4pm in R07 with Mr Burr	<b>Girls Football</b> Year 8 and 9 3.05-4pm in PE with Miss Coles Bring: PE Kit, water	<b>Boys Football</b> Year 9 3.05-4pm in PE with Mr Peach	<b>Young Carers Club</b> Years 7-11 Lunchtime in Y05 with Mountain Rescue	
	<b>Swimming Club</b> Year 7-10 at 3.05-3.45pm Leisure Centre with Miss Hamer Bring: swimming kit, towel, change of clothes for after, plastic bag for wet kit, hair brush, etc.	<b>Boys Football</b> Year 7 and 8 3.05-4pm in PE with Mr Prettyjohn Bring: PE Kit, water	<b>Boys Football</b> Year 10 3.05-4pm in PE with Mr Carraway Bring: PE Kit, water	
	<b>Guitar/Ukulele Club</b> Year 7 – 8 3.05-4pm in Y10 with Mr Goodway	<b>Young Enterprise</b> Selected yr 9s 3.05-4pm in R24 with Mr Wallis	<b>Show Choir</b> Year 7-10 3.05-4pm in Y10 with Mr Goodway	
	<b>Band Club</b> Year 7-10 3.05-4pm in Y10 with Mr Hargreaves and Mr Mills	<b>Drumming Club</b> Year 7-10 3.05-4pm in Y10 with Mr Goodway	<b>Art Club</b> Year 7 and 8 3.05-4pm in B24 with Miss Adams	
	<b>STEM Club</b> Year 7-8 3.05-4pm in G02 with Mr Maloney	<b>Chess/board games</b> Year 7 – 10 3.05-4pm in G7 with Mr Mazas	<b>Art Club</b> Year 9 and 10 3.05-4pm <b>Week 2</b> in B24 with Mr Bennett	
		<b>Cooking Club</b> Year 7-10 3.05-4pm in B22 with Ms Thomas		

You can find out more about Character Education at Blaise High School on our website [here](#).