



# PERSONAL DEVELOPMENT

## Spring Term 2024 (1)

### Year 10

There have already been so many outstanding examples of Year 10s building their character in this school year. It has been inspirational to watch the students working together: representing our school in sports fixtures, performing music and acting at the Winter Showcase, participating in the Ten Tors Challenge, and banding together to fundraise for a trip to Sri Lanka to name some examples. A fantastic start to Year 10!

#### Head of Year 10, Mr S Leese

Please contact: [leeses@blaisehighschool.co.uk](mailto:leeses@blaisehighschool.co.uk)

## Rewards at Blaise High School

I want to start off by saying a huge well done to everyone who received a reward at the end of last unit. Over  $\frac{3}{4}$  of every year group got to enjoy the rewards experiences on offer. We recognise that rewards build strong foundations for a community that works together towards accessing the very best universities in the country or careers of their choosing.

Alongside our green points totals students are rewarded every week in their year group assemblies. The tutor group with the highest green points, the best attendance and the best equipment get celebrated. The children with the the top ten green points in each year group get celebrated and each week a student is chosen to receive our virtues award. This is awarded to someone who has demonstrated our virtues excellently in the previous week.

Aspiration: Courage, Curiosity, Teamwork

Integrity: Reflection, Resilience, Honesty

Pride: Humility, Service, Confidence

#### Virtues Award Winners:

Lily-Mae E

Lucy J

#### Highest Golden Tickets:

Kaloyan Y

Connor T

#### Most Green Points:

Kaci-Leigh T

Abdur T

#### Sparx Stars:

Charlie D

Raymond O

#### 10 Day Attendance Streak:

Oumy S

Dominique M

## House competitions this term...

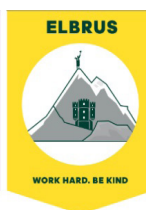
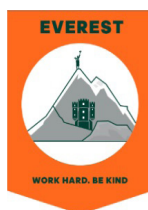
Our House competition continues this unit with our Blaise Science Project running this half term and our Blaise Maths Challenge next half term. It has been wonderful to see so many student involving themselves in House events already this year and ensuring they are here on time everyday adding to their House totals.

The totals currently stand at:

1st Elbrus (107 459)

2nd Kilimanjaro (106 594)

3rd Everest (106 474)



## Key dates

**University of Bath Visit**  
21st February

**Assemblies for Year 10**  
– every Tuesday

2nd January:  
Re-induction

8th January:  
Routines and Expectations

15th January:  
Striving to be the Best

Bristol Youth Vote

22nd January:  
Work Hard. Be Kind.

STEPS

29th January:  
Developing Character Student  
Leadership

5th February:  
Being curious about your future

19th February:  
Re-induction

26th February:  
Assessment preparation

4th March:  
Do the right thing, even when no-one  
is watching

11th March  
Assessment rankings - your next steps

18th March:  
Character Reflection

25th March  
End of unit rewards and celebrations

ASPIRATION | INTEGRITY | PRIDE



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## Spring Term 2024 (1)

### Year 10

#### Year 10 PSHE in Unit 2

Big ideas	Lessons:	Curriculum summary
Identity and Differences	1. Mental and Physical Wellbeing 2. Health MOT 3. Substances and the Body 4. Stem Cell Therapy and Organ Donation 5. Sex - Consent, Pressure and Support 6. Unacceptable Behaviours in Relationships and the Law	Students will learn about how their online activities can impact their options in later life. They will focus on what it means to be healthy in regards to sleep, a balanced diet and physical exercise as well as how to protect their health, including self-examination and where you should go to get help if needed. Students will learn about the effect of substances both prescribed and illegal, on the body and how they can impact your health. They will learn about disease and the science being used to prevent disease such as stem cell therapy and organ donation as well as about common STI's, how to prevent them and how they should be treated. Students look at what it means to be an adult in a relationship, the legal status of different relationships and consent in relationships. They will also learn about unacceptable behaviours in relationships.
Developing Me		
Wellbeing		

If you would like to discuss the subject matter or wish to withdraw your child from any of the PSHE lessons listed above, please contact Head of Year 10 at [leeses@blaisehighschool.co.uk](mailto:leeses@blaisehighschool.co.uk)

#### Enrichment Clubs for the spring term

Monday	Tuesday	Wednesday	Thursday	Friday
<b>HOMEWORK CLUB - EVERYDAY in Base Camp 3-4pm for Years 7/8/9/10</b>				
<b>Boys Football</b> Year 7 and 8 Lunchtime on the astro	<b>Boys Football</b> Year 9, 10 and 11 Lunchtime on the astro	<b>Boys Football</b> Year 7 and 8 Lunchtime on the astro	<b>Boys Football</b> Year 9, 10 and 11 Lunchtime on the astro	<b>Boys Football</b> Year 7 -11 Lunchtime on the astro
<b>Girls Football</b> Year 7-11 Lunchtime on the astro	<b>Girls Football</b> Year 7-11 Lunchtime in sports hall	<b>Girls Football</b> Year 7-11 Lunchtime on the astro	<b>Girls Football</b> Year 7-11 Lunchtime in sports hall	<b>Girls Football</b> Year 7-11 Lunchtime on the astro
<b>Basketball and table tennis</b> Year 7 and 8 Lunchtime in sports hall	<b>Basketball and table tennis</b> Year 9 and 10 Lunchtime in sports hall	<b>Basketball and table tennis</b> Year 7 and 8 Lunchtime in sports hall	<b>Basketball and table tennis</b> Year 9 and 10 Lunchtime in sports hall	
<b>LGBTQ+ Club</b> Year 7 - 11 Lunchtime in B22 with Mr Wallis and Miss Schnieden	<b>Girls Football</b> Year 7 and 10 3.05-4pm in PE with Miss Major Bring: PE Kit, water	<b>Axolotl Care Club</b> Years 7-11 Lunchtime <b>Week 2</b> in G2 with Mr Maloney	<b>Book Club</b> Years 7-11 Lunchtime <b>Week 1</b> in Base Camp with Miss Evans	
<b>Sparx Catch Up Club</b> Year 7-10 3.05-4pm in R07 with Mr Burr	<b>Girls Football</b> Year 8 and 9 3.05-4pm in PE with Miss Coles Bring: PE Kit, water	<b>Boys Football</b> Year 9 3.05-4pm in PE with Mr Peach	<b>Young Carers Club</b> Years 7-11 Lunchtime in Y05 with Mountain Rescue	
	<b>Swimming Club</b> Year 7-10 at 3.05-3.45pm Leisure Centre with Miss Hamer Bring: swimming kit, towel, change of clothes for after, plastic bag for wet kit, hair brush, etc.	<b>Boys Football</b> Year 7 and 8 3.05-4pm in PE with Mr Prettyjohn Bring: PE Kit, water	<b>Boys Football</b> Year 10 3.05-4pm in PE with Mr Carraway Bring: PE Kit, water	
	<b>Guitar/Ukulele Club</b> Year 7 - 8 3.05-4pm in Y10 with Mr Goodway	<b>Young Enterprise</b> Selected yr 9s 3.05-4pm in R24 with Mr Wallis	<b>Show Choir</b> Year 7-10 3.05-4pm in Y10 with Mr Goodway	
	<b>Band Club</b> Year 7-10 3.05-4pm in Y10 with Mr Hargreaves and Mr Mills	<b>Drumming Club</b> Year 7-10 3.05-4pm in Y10 with Mr Goodway	<b>Art Club</b> Year 7 and 8 3.05-4pm in B24 with Miss Adams	
	<b>STEM Club</b> Year 7-8 3.05-4pm in G02 with Mr Maloney	<b>Chess/board games</b> Year 7 - 10 3.05-4pm in G7 with Mr Mazas	<b>Art Club</b> Year 9 and 10 3.05-4pm <b>Week 2</b> in B24 with Mr Bennett	
		<b>Cooking Club</b> Year 7-10 3.05-4pm in B22 with Ms Thomas		

You can find out more about Character Education at Blaise High School on our website [here](#).