



Blaise High School: Fortnightly Newsletter

Week 1/2

2

Week # of unit

12

Week # of the year

39

Highlights

Please find a video summary of this newsletter [here](#)

We have had so many great events since our last newsletter that it is hard to narrow them down to highlights. We have held a series of mock exams for Year 10 which was of the highest quality. The standards achieved by our students just get higher and higher. We have had two trips as part of Geography and History GCSE courses; Geography at Dawlish Warren and History at the Big Pit. We have had a celebration of Sport at Ashton Gate for our Resource Base students, plus a fantastic range of Fun Friday events including a scavenger hunt that ran over three days! In addition to this, we have had our DofE Bronze and Silver final expeditions, our Year 7 and Year 9 students had university visits to Oxford, Bristol and Reading Universities, and our Year 9 students were involved in a very important and moving talk from the family of a Holocaust survivor.

To top this off, on 2nd of July we welcomed all of our new Year 7 for September for their Transition Day with us. It really was great to meet so many new students and families, along with those families we already know and work with. Thanks to everybody for joining us and we can't wait for our new students to start.



Blaise High School

Blaise Pledge

We are incredibly excited about the future of our Equality and Diversity Pledge here at Blaise! More than just words, this pledge is our collective vision for how we aspire to be, a guiding set of ideas born directly from *student* voices and opinions. We know that integrating these principles into every aspect of school life – from lessons to rewards – will be a gradual but truly transformative journey. Our first step is for everyone to read, reflect, and then sign this visible commitment in September, filling the atrium wall with over a thousand signatures. We truly believe that with your trust and participation, we can collectively make a profoundly positive difference, building a school we can all be incredibly proud of! Thank you to our incredible EDI group (pictured) for their work on this.



Events

- **Monday 14th July** - Rewards week begins / Culture week begins
- **Thursday 17th July** - International Culture Day



Find out more regarding upcoming events on our [website](#)

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Fun Friday



FUN FRIDAY

CAPOEIRA!

Date: Friday 18th July
Location: The Mound
Time: 13:35

Come along and learn this Brazilian martial-art-dance!

Huge thanks to Mestre Claudinho from Rio de Janeiro!





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House Points:

Next House Event: BLAISE Sports Day!
Date: Tuesday 8th July
Location: Field

Latest House Winners:



Everest -
1 130 564

Kilimanjaro -
1 061 028

Elbrus -
1 200 040

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Winners

The Students with the most green points in the school

Year to Date			Unit 3 (so far)	
Year Group	Student	Points Total	Student	Points Total
7	Sameeksha Satheesh Kumar	4094	Sameeksha Satheesh Kumar	1003
8	Jayden Watts	4414	Jayden Watts	1028
9	Adithya Unnikrishnan	2787	Breakthrough Omoregbee	864
10	Summer Excell	2841	Summer Excell	809
11	Brianna Mead	1702	Brianna Mead	282
Post 16	Jessica McLintock	1302	Jessica McLintock	379

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Resource Base Update

What a time it has been as we move closer to the end of term. Our Resource Base students have:

- Attended the Year 11 Prom
- Completed work experience at Southmead Hospital, Blaise Plant Nursery, and Elm Tree Farm
- Taken part (and won) Cricket tournaments at Frenchay, Hanham and at The County Ground where they also met with a player for a question and answer session
- Year 8 have been practicing their sailing and rowing every week at Bristol Docks in preparation for a big competition next week
- Post 16 independently planned and carried out their own trip to Weston Super Mare via public transport
- Been on their annual residential trip

It is great to see how many activities the students are involved in, in addition to their in class studies and this is a result of the fantastic commitment and care by our staff. Finally, the best of luck to those who have left Blaise High School this term. All are moving onto further education and we know how well they will do. We are extremely proud of them all.



Blaise High School

Mountain Rescue and Senior Mental Health Lead Update:

As we come to the end of another school year, I want to take a moment to reflect on all the resilience, kindness and courage shown by our pupils throughout the term. It's been a year of growth and learning, and your ongoing support has been invaluable.

Supporting Mental Health & Wellbeing Over the Summer

The summer holidays can be a joyful and restful time, but for some children and families, they can also bring challenges. Here are a few simple tips to help support emotional wellbeing over the break:

- Keep a gentle routine – Even a loose structure can help children feel safe and settled.
- Encourage rest and play – Balance screen time with outdoor activities, creative play or reading.
- Talk regularly – Check in with your child's feelings in a calm, non-judgemental way.
- Model calm – Children absorb how we respond to stress. Looking after your own wellbeing helps theirs too.
- Keep connections – Encourage time with friends, family, and safe, familiar adults.

Need Support? You're Not Alone

If your child is struggling over the holidays, there is help available. They can continue to access support confidentially via the services below:

- STAR Forms – Pupils can still request support through the STAR (Self-Referral) forms on our school website. We'll check these regularly over the summer.
- Kooth – Free, anonymous online counselling and emotional wellbeing support for young people: www.kooth.com
- Childline – Support for children and young people 24/7: Call 0800 1111 or visit www.childline.org.uk
- NSPCC – Help for children and concerned adults: Call 0808 800 5000 or visit www.nspcc.org.uk
- Off The Record Bristol – Free mental health support for young people in the Bristol area: www.otrbristol.org.uk
- School Nurse ChatHealth – Confidential text support for young people: Text 07480 635 513
- Samaritans – 24/7 support for anyone feeling overwhelmed: Call 116 123 or visit www.samaritans.org

We've also attached the Family Help bulletin alongside our newsletter. This has lots of flyers and events that are happening across the Summer holiday for families of all ages to take part in, including cooking experiences, adventure camps, and rock climbing. Bristol Libraries are running a summer reading challenge and Off the Record will be running online Resilience Lab sessions, and there is plenty more to decide between to keep the children engaged and having fun across their Summer holidays.

Blaise High School

Sports day 2025

Sports day 2025.... what a day it was! It was incredible to see so many students getting involved in the range of different events we had on offer, some real highlights were the introduction of the target throw event new this year and the relays which really did bring the difference between winning or losing down to the wire. To look around the field and see everyone supporting each other created a real sense of belonging within the whole Blaise community. This was strengthened more so by the amazing support from the parents and carers who showed up to cheer the students on as well, it created an amazing atmosphere on the field. Although sports day is about the physical competition between the different houses it was incredible to see the sportsmanship coming from fellow competitors and spectators alike, cheering on not only their house but people from other houses too, willing them across the finish line or over the high jump bar.

Results

The difference between points really did come down to the final events which were the relays.

The winners for each relay were;

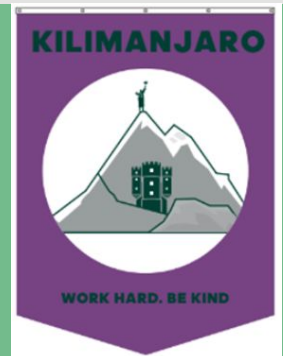
Year 7: Boys and Girls- Elbrus

Year 8: Boys- Elbrus, Girls- Kilimanjaro

Year 9: Boys- Kilimanjaro, Girls- Elbrus

Year 10: Boys- Kilimanjaro, Girls- Everest

**Congratulations to
Kilimanjaro who came
away with the overall win!**



Feedback

We welcome feedback at any point, please do use this [form](#) to offer feedback on any part of the school.

We will always meet any parent that would like to meet. If you would like to meet with a member of the senior team to discuss concerns or any feedback, please email bristowj@blaisehighschool.co.uk

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