



Electives 2026 - 2027

RB Student Choices Booklet



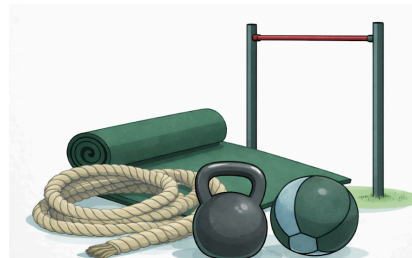
Basketball



- Learn the fundamental skills of ball-handling and footwork.
- Deepen your understanding of the official rules of the game
- Refine your shooting technique to find that perfect rhythm from the paint to the three-point line.

[See Mr Prettyjohn for more information](#)

Circuit Training



- High-energy workout that hits every major muscle group in a single session.
- Whether you're looking to define your upper body, build explosive lower body power, or forge a solid core, the dynamic stations will keep you moving and motivated.

[See Mr Standing for more information](#)

Football



- 7-side matches that combine a welcoming, community atmosphere with the unmistakable thrill of competition.
- The pitch is smaller, the pace is faster, and the goal remains the same: to outwork, outplay, and beat your opposition.

[See Mr Woodburn for more information](#)

Netball



- Variety of attacking and defending drills designed to boost your footwork, timing, and spatial awareness on the court.
- Followed by friendly, high-energy matches that bring the whole team together.
- It's a fantastic way to stay active and improve your game

[See Miss Bennett for more information](#)

Blaise Buzz



- Whether you're a budding investigative journalist or just someone who knows exactly what's trending, this is your chance to document the moments that define our school year.
- This newspaper will be the heartbeat of the hallways, covering everything from the latest gossip and social buzz to sports results and performing arts updates.

Staff TBC.....

Indoor Rowing



- Learn the different rowing techniques and how to pace yourself.
- This isn't just a cardio session; it's a full-body odyssey where every explosive leg drive and powerful back pull adds up to a massive total distance.
- Compare your score to other students within the National Championship.
See Mr Peach for more information

Park Run



- Whether you're just starting your running journey with our Couch to 5K group, looking to find your flow with our steady medium-paced crew, or ready to push your limits on our fast-track route, you'll find plenty of support and great company while running around Blaise Castle.

See Miss Newton for more information

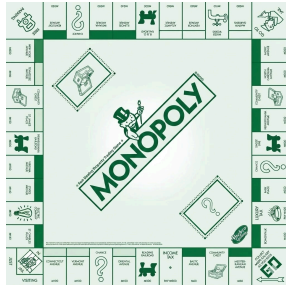
Multi - Sports



- Rather than sticking to a single routine, you'll dive into a different sport each week, allowing you to sharpen your skills across a diverse range of disciplines.
- Each session finishes with an exciting match, giving you the chance to apply what you've learned in a high-energy, friendly team environment.

See Mr Carraway for more information

Board Games (RB only)



- A vibrant variety of board games from fast-paced collaborative challenges to clever strategy classics
- Ensuring there is something for every type of player.
- You will not be just playing games; you will also be actively developing essential social skills

See Miss Buckley for more information

Card Games



- Sessions will dive into a dynamic variety of card games, ranging from high-stakes strategy classics to quick-witted modern favorites.
- Whether we are mastering the art of the bluff or calculating the perfect sequence, you will be learning the essential skills needed to come out on top.

See Mr Ballone for more information

Chess



- Prepare to engage in the ultimate battle of wits and strategy at our upcoming chess sessions!
- Whether you are an aspiring grandmaster or a casual player looking to level up, you will have the opportunity to compete against a variety of opponents in a spirited yet welcoming environment.

See Mr Tushingham for more information

Jigsaw Club



- Find your piece of calm as we piece together a world of color and detail! Our sessions offer a curated selection of different jigsaws of all difficulties.
- Set in a safe, relaxed environment, this is a space where you can unplug from the noise and focus on the quiet joy of the "click."

See Mr Bennett for more information

Bush Craft



- Adventure awaits at our bushcraft club. Sessions will be packed with everything from the precision of learning knots and paracord weaving to the rewarding craft of whittling and building fuel burners.
- We'll also cover the true essentials of self-reliance, including how to light and maintain a fire, shelter building, and the art of navigation.

[See Mr Wallis for more information](#)

Gardening



- Get ready to roll up your sleeves and watch your hard work bloom as we breathe new life into the school's allotment patch!
- This is a unique opportunity for students to connect with the earth, learning how to grow and look after a vibrant variety of plants from tiny seeds to a bountiful harvest.

[See Ms Borlase for more information](#)

Sustainability



- Prepare to become a champion for the planet as we dive deep into the vital world of sustainability!
- We will explore how our daily choices impact the environment and to discover innovative ways we can protect our future.
- We will collaborate to see how we as a school and community can improve, turning our ideas into real-world action.

[See Mrs Carter for more information](#)

Cooking



- This is your chance to plan and cook a range of healthy and nutritious meals that taste as good as they make you feel.
- From exploring vibrant, seasonal ingredients to mastering the balance of flavors, you'll discover that eating well doesn't mean compromising on excitement.

[See Mrs Fallon-Cooke for more information](#)

Dance



- Find your rhythm and express yourself in a high-energy space where every move tells a story and every beat brings us together
- A high-energy dance class designed to build technique, learn fun routines and even get a little creative with our own choreography.
- You'll work across a range of styles (such as lyrical contemporary, jazz, musical theatre, and commercial) developing your skills and confidence each week.

See Miss Fordham for more information

Music and Culture



- Embark on a vibrant journey through sound and tradition as we explore the diverse rhythms, stories, and hidden gems that define our global music and culture club.
- We will be discussing and listening to 'significant' albums from various genres in musical history and their impact on the world - we will build up to research and presentations given by you on the music of your choice.

See Mr Hargreaves for more information

Musical Theatre



- Think Musical Theatre is just show tunes and stage smiles? Think again.
- It's the ultimate endurance sport. It's about vocal power, physical precision, and the raw guts it takes to own a stage.
- Whether you're a closet shower-singer or a trained dancer, we're building the next generation of Triple Threats.

See Miss Collings for more information

Ukulele Club



- Strum your way into a world of harmony and rhythm as we unlock the secrets of the four strings!
- You will learn how to play a variety of chord progressions on the ukulele. You will gain the musical independence to play anything you hear by learning how to read chords and notation in tab, making the language of music accessible and fun.

See Mrs Giblin for more information

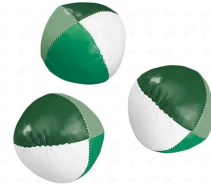
Cross Stitching



- Unleash your creativity one stitch at a time as we dive into the colorful and meditative world of cross-stitch!
- You'll learn to create stylish borders and stitch your name, all while building the skills to tackle your own signature project.

See Mr Early for more information

Juggling



- Think you've got fast hands and can multitask? Come and prove it.
- We will take the laws of physics and turn them into a sport.
- From classic three-ball cascades to 4 and 5 ball patterns, we're learning to keep the chaos in the air both individually and in pairs

See Mr Gillett for more information

Sock Monkey Club



- This is a wonderfully cozy and creative space where students will learn the timeless art of hand sewing as they bring their very own soft toy monkey to life.
- From stuffing and shaping to stitching on those iconic goofy grins, you'll master the basics of needlework while seeing a simple pair of socks evolve into a unique, handmade companion.

See Mr Pryde for more information

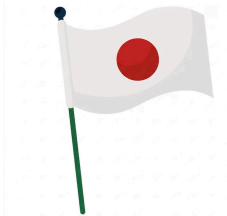
Mindful Art



- Step into a sanctuary of color and imagination where the only limit is your own inspiration! Switch off from normal everyday pressures and lose yourself in the flow of making.
- Whether you're picking up a brush, a pencil, or a piece of clay, this is your time to recharge and express your inner creativity without judgment or marks.

See Mrs Adams for more information

Japanese Club



- Whether you're a fan of anime, a future traveler, or just curious about a world-renowned culture, this is your chance to sharpen your listening, reading, and conversational skills in a fun and interactive environment.
- We are dedicated to developing all the essential skills of language mastery—from the artistry of writing Hiragana and Katakana to the thrill of speaking your first fluent sentences.

See Mrs Brown for more information

Languages Club



- Pack your bags for a global adventure without ever leaving the classroom! We invite you to embark on a journey through various cultures and languages.
- You'll do much more than just learn new words; you'll immerse yourself in the heart of each tradition by playing a variety of authentic cultural games that bring history and fun to life (with snacks)!

See Miss Brownless for more information

Thematic Club



- Lights, camera, action! Come and dive deep into the magic of the silver screen.
- Each term, we'll pick a specific genre of film—from spine-tingling mysteries to epic sci-fi adventures—and each week, we'll watch a part of a film carefully linked to that theme and then discuss our thoughts.

See Miss Baxter for more information

Reading Club



- Open the door to a thousand different worlds. Offering a cozy space to discover hidden gems as well as all-time classics alongside a community of fellow book lovers.
- Share your love of books with others in our discussions and enjoy spending time reading for pleasure.

See Miss Carey for more information

Debating Club



- Debating club is designed to be a vibrant, supportive space where you'll transform from a casual talker into a persuasive powerhouse.
- We will provide a comprehensive roadmap for growth, teaching you everything from the structural logic of a winning argument to the fine art of rebuttal and public speaking.

See Mr Matheson for more information

Young Enterprise



- Unleash your inner entrepreneur and turn your biggest ideas into reality.
- This is your chance to step into the fast-paced world of business, where you'll collaborate with a team to launch and run your very own company from the ground up. You won't just be learning about business in a textbook; you'll be conducting market research, designing innovative products, and managing your own finances.

See Miss Evans for more information

Well-Being Club



- Unwind, recharge, and find your center in a space dedicated entirely to your calm!
- You will go through a variety of gentle yoga and mindful breathing exercises.
- Whether you're looking to improve your flexibility, build physical strength, or simply find a moment of stillness in a busy week, these sessions provide the perfect tools to de-stress.

See Miss Sayer for more information

Film Club (RB only)



- Get ready to turn the classroom into a private cinema! Film Club is officially bringing the magic of the silver screen right to our school, and you're invited to join the fun.
- We're embarking on an epic journey through cinematic history to watch some of the greatest films of all time.

See Mrs Hopkins for more information

COMING SOON.....

- **Cricket**
- **Ultimate Frisbee**

If you have any activity ideas that you want to see included in the Elective Programme, please speak to Miss Coles

